# How Do I Enable A-GPS on My Reebok Stride, Rush, Pulse or Icon?

Inas B. - 2026-11-20 - Health & Activity Tracking

*This guide applies to the Reebok Stride, Rush, Pulse and Icon.*

A-GPS (Assisted GPS) helps your smartwatch acquire location information more efficiently by using assistance from your connected phone.

For A-GPS assistance to work correctly, Reebok Connect needs permission to access your phone's location **Always**, not only while the app is in use.

## How Do I Check My Location Permission?

On your phone:

1. Open your phone's **Settings**.
2. Find **Reebok Connect** in your installed apps.
3. Open the app's permissions.
4. Select **Location**.
5. Set location access to **Always**.

The exact menu names may vary depending on your phone and operating system.

## Check Your Other Connection Settings

- Make sure Bluetooth is enabled.
- Keep your watch and phone close together.
- Make sure Reebok Connect is installed and functioning normally.
- Avoid restricting the app's background activity if your phone provides battery-management controls that could prevent it from working.

## Why Does Location Need to Be Set to Always?

Allowing location access only while Reebok Connect is open may prevent the app from providing the location assistance required by your watch when it is running in the background.

Setting the permission to Always allows the app to access location when needed for supported background functions.

## Having GPS Connection Problems?

If GPS assistance still isn't working as expected, contact our support team at **support.reebok@vitalist.ca**.

Please include your watch model, phone model, operating system version and the location permission currently selected.