Connect Your Reebok Icon to Google Fit

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Linking your Reebok Icon with **Google Fit** lets you seamlessly sync key health metrics and view your wellness data across platforms.

How to Connect

1. Open the **Reebok Connect** app on your phone.
2. Go to the **Account** tab.
3. Scroll down to **Data Sharing** and select **Google Fit**.
4. Tap **Connect** and choose the Google account you use with Google Fit.

What Syncs Automatically
Once connected, your watch will send the following data to **both** Google Fit and the Reebok Connect app:

- Steps
- Heart Rate
- Sleep Data
- Calories Burned

Tips

- Make sure your phone has an active internet connection for smooth syncing.
- Open the app regularly to keep your data up to date.
- You can disconnect Google Fit at any time from the same menu if you no longer wish to sync.