Setting and Managing Passwords on Your Reebok Pulse

Inas B. - 2025-08-20 - Setup & Pairing

Your Reebok Pulse allows you to set a 6-digit password that automatically locks the watch whenever it's removed from your wrist. This helps keep your data private and secure.

Enabling the Password Lock

Turn on the **Password** setting in the watch settings to activate wrist detection + PIN protection.
As soon as the watch detects it is no longer being worn, it will require your 6-digit PIN to unlock.

This adds an important layer of security and prevents anyone else from accessing your information.

Changing Your Password

You can change your PIN at any time in the Settings menu.
Choose a 6-digit PIN that is:

- Easy for you to remember
- Not something others can easily guess

Important

After **5 incorrect password attempts**, your watch will automatically **factory reset** to protect your data.
Make sure you remember your PIN or store it in a secure place.

Tips for Better Security

- Avoid simple combinations like **123456** or **111111**
- Use a PIN that is unique to your watch (different from phone or bank codes)
- Update your PIN regularly for added protection
- If you forget your PIN, the only way to regain access is to **factory reset** the watch