



[Base de connaissances](#) > [Renseignement avant achat](#) > [Reebok Rush](#) > [Understanding Water Resistance and Operating Temperatures on Your Reebok Rush](#)

Understanding Water Resistance and Operating Temperatures on Your Reebok Rush

Inas B. - 2026-09-23 - [Reebok Rush](#)

Your Reebok Rush has an **IP68 water resistance rating** and is designed to withstand limited exposure to water under specified conditions.

Water Resistance

The watch is protected against short periods of immersion in water at depths between **15 cm and 1 m**, under applicable testing conditions.

However, the watch is **not designed for**:

- Diving
- High-impact water sports
- Extreme water pressure

Avoid exposing the watch to conditions that exceed its water resistance rating.

Operating Temperature

The Reebok Rush can operate in temperatures between **0°C and 45°C (32°F and 113°F)**.

For the best experience, an operating temperature between **5°C and 35°C (41°F and 95°F)** is recommended.

Avoid prolonged exposure to temperatures outside the recommended range.