# Why Should I Keep My Reebok Smartwatch's Software Up to Date?

Inas B. - 2026-11-17 - Software & Updates

Keeping your Reebok smartwatch's software up to date helps maintain its performance and compatibility with Reebok Connect.

Software updates may include:

- **Bug fixes:** Addressing known issues that may affect how your watch operates.
- **Performance improvements:** Refining existing functions and improving software stability.
- **Compatibility improvements:** Helping the watch work with supported versions of Reebok Connect and compatible smartphones.
- **Feature updates:** Introducing or adjusting features, depending on the software release.

Not every update includes new features or noticeable changes. Some updates focus on resolving specific technical issues or maintaining compatibility.

When an update is available, follow the instructions provided for your watch. Avoid interrupting the installation once it has started.

If you experience an issue after updating, contact our support team at **support.reebok@vitalist.ca** and include your watch model and software version.