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## Water Resistance (IP68 Rating) for Reebok Pulse

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The Reebok Pulse comes with an IP68 water and dust resistance rating, meaning it is designed to withstand certain water and dust exposure. However, it's essential to understand that it is not waterproof. While the device is protected against dust and can withstand submersion in water up to 1.5 meters for up to 30 minutes, this does not mean the watch can be worn during high-pressure activities or in extreme environments.

### IP68 Rating Explained:

- IP stands for Ingress Protection, which is a standard used to define the degree of protection provided against the intrusion of solids (dust) and liquids (water).
- The first digit (6) refers to the dust protection, and the second digit (8) refers to the water protection.

### Specific Protection Offered:

- **Dust Protection (6):**

The Reebok Pulse is fully protected against dust ingress, meaning no dust particles can enter the device, even under prolonged exposure. This ensures that dirt, sand, or debris won't interfere with the watch's functionality over time.

- **Water Protection (8):**

The watch is rated for protection against submersion in water at a depth of up to 1.5 meters (about 5 feet) for no more than 30 minutes. This makes the watch suitable for everyday activities such as handwashing, swimming in shallow water, and exposure to rain.

### Important: The Reebok Pulse Is Not Waterproof

While the Reebok Pulse has impressive water resistance, it is not waterproof. The IP68 rating indicates that it is protected against limited water exposure; however, it is not designed to withstand extreme conditions, such as high-pressure water activities or prolonged submersion beyond the specified depth and time limit.

Here are specific activities and conditions you should avoid to prevent damage:

### What Should Be Avoided:

1. **Dropping the Watch or Subjecting It to Other Impacts:**

While the Reebok Pulse is resistant to water and dust, it is not designed to withstand drops or hard impacts. Dropping the device onto hard surfaces or subjecting it to significant physical shock can damage the internal components and compromise its water resistance.

1. **Exposing the Watch to Soap or Soapy Water:**

Soap, shampoos, conditioners, or any soapy water can weaken the water-resistant seals. It's best to avoid wearing the watch while showering, bathing, or washing dishes. Soap residue can affect the device's seals and degrade its water resistance over time.

### 1. **Exposure to Harsh Chemicals:**

Keep the Reebok Pulse away from perfume, solvents, insect repellent, lotions, sunscreen, oils, hair dye, or other harsh chemicals. These substances can break down the water-resistant seals or damage the materials of the watch.

If the watch comes in contact with any of these chemicals, dry it with a soft, lint-free cloth to remove any residual chemical traces.

### 1. **High-Velocity Water Sports:**

The Reebok Pulse is not designed to withstand high-velocity water activities such as water skiing, jet skiing, or other sports that involve rapid movement through water. These activities can cause water to force its way into the device, leading to potential damage.

### 1. **Wearing the Watch in a Steam Room or Sauna:**

The watch is not suitable for use in a steam room or sauna. Exposing it to high heat (above 55°C or 130°F) can affect the seals and internal components. Even with its water resistance, extreme temperatures and moisture could damage the watch.

### **What to Do After Water Exposure:**

To ensure the longevity of your Reebok Pulse after it has been exposed to water, follow these steps:

#### 1. **Dry Your Watch Thoroughly:**

- After your Reebok Pulse has been exposed to water, whether it's from washing hands, rain, or light swimming, dry the watch thoroughly with a soft, lint-free cloth. Make sure there's no moisture left in the crevices or around the watch's buttons or charging port.
- Avoid using high heat (such as hairdryers or placing the watch under direct sunlight) to dry the device, as this can damage internal components and seals.

#### 1. **Ensure the Watch Is Completely Dry Before Charging:**

- **Important:** Never charge the watch if it is still wet. Ensure that the charging port is completely dry before connecting the device to a charger. Moisture inside the charging port could cause damage to both the watch and the charger.
- Wait for the watch to fully dry before placing it on the charging dock. This precaution helps avoid any potential damage to the electrical components.

#### 1. **Dry the watch After Saltwater or Sweat Exposure:**

- **Saltwater Exposure:** Salt can be corrosive to electronics and metal parts. After swimming in the ocean or being exposed to saltwater, dry it completely with a lint-free cloth.
- **Sweat Exposure:** Sweat can also be corrosive over time. If the watch is exposed to sweat during physical activities, it's recommended to dry the watch to remove build-up and residue.

### **Key Takeaways for the Reebok Pulse:**

- **Water Resistance, Not Waterproof:** The Reebok Pulse is rated IP68, meaning it is resistant to dust and water but is not waterproof. It can handle submersion at 1.5 meters (5 feet) for up to 30 minutes, but it should not be worn in extreme water sports or under high-pressure conditions.
- **Avoid Soap, Chemicals, and Harsh Environments:** Do not expose the Reebok Pulse to soapy water, chemicals, or extreme heat. These can damage the water-resistant seals, degrade the materials, or compromise functionality.
- **Immediate Care After Water Exposure:** If your watch gets wet, dry it thoroughly, and make sure it is completely dry before charging.
- **No High-Velocity Water Activities:** Avoid wearing the watch during activities such as water skiing, jet skiing, or any high-speed water exposure that can force water into the device.

By understanding the limitations of the Reebok Pulse's water resistance and following these care guidelines, you can maximize the device's performance, safety, and longevity while preventing water-related damage.