



Reebok Pulse Case Size and Fit

Inas B. - 2026-02-13 - [Reebok Pulse](#)

Understanding the dimensions of your Reebok Pulse smartwatch helps ensure proper fit, comfort, and usability. This article provides detailed measurements, design considerations, and guidance for users with different wrist sizes.

Case Dimensions

- **Width:** 45 mm
- **Height:** 49.5 mm
- **Thickness:** 12 mm

These measurements reflect the physical size of the watch case, including the bezel but excluding the strap. The larger footprint supports a wide display, extended battery, and sensors while maintaining balance on the wrist.

Design Considerations

- The increased case height and width allow for a larger screen, improving readability and interaction.
- The 12 mm thickness provides room for the battery and components, while still keeping the profile manageable for everyday wear.
- The rectangular design is engineered to distribute weight evenly for comfort.

Fit for Different Wrist Sizes

- **Small Wrists:** The Pulse is larger than the Reebok Icon, but its strap design ensures a secure fit even on smaller wrists. Some users with narrow wrists may find the case more prominent.
- **Medium to Large Wrists:** The 45 mm width and 49.5 mm height are well suited for medium to large wrists, offering strong screen visibility and proportional balance.
- The strap is adjustable and can be replaced with alternate bands to optimize fit and comfort.

The Reebok Pulse is designed as a larger case option that remains versatile enough to suit a wide variety of wrist sizes, with particular balance for medium and larger wrists.

Additional Notes

- Try the watch on to assess how the larger case feels on your wrist.
- Consider strap choice for improved comfort, especially if you have a smaller wrist.

- The 12 mm thickness makes the watch slightly taller on the wrist than the Reebok Icon, which may be a factor under fitted sleeves.