



[Knowledgebase](#) > [Smartwatches](#) > [Reebok Pulse Troubleshooting and Information](#) > [Connectivity](#) > [Reebok Pulse Notifications Guide](#)

# Reebok Pulse Notifications Guide

Inas B. - 2025-08-20 - [Connectivity](#)

Your Reebok Pulse isn't just a watch — it's a real-time connection to your world. Whether you're running, lifting, or in a meeting, staying updated should be seamless. Here's how to set up, view, and manage notifications like a pro.

## Setting Up Notifications

1. Open the **Reebok Connect** app.
2. Go to the **Home** tab and select your Reebok Pulse.
3. Tap **Phone Notification Settings**.
4. If prompted, grant notification access:
  - Select **Turn On Now**
  - Tap **Allow**

You can enable notifications for:

- **Calls**
- **Messages**
- **Social apps** (WhatsApp, Instagram, etc.)
- **Calendar reminders**
- **Fitness updates**

## Viewing Notifications

- Your watch will **vibrate** and display new notifications automatically.
- Swipe left or right, or press a side button to dismiss.
- To review saved notifications (up to 8):
  1. Swipe up from the main watch face.
  2. Tap any message to view it in full.

## Clearing Notifications

1. Swipe up to open the notification list.
2. Tap the **delete icon** at the bottom to clear notifications.

## Quick Fix Tips

- Ensure **Bluetooth** is active on both devices.
- Confirm **notification access** is enabled in your phone settings.
- Restart your watch and phone if notifications aren't appearing.
- Reopen