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Additional Functions: Stopwatch and Timer

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Time is what matters. Down to the second. Whether you're crushing intervals, tracking your cooking, or timing your recovery, your Reebok Pulse keeps you on schedule with easy-to-use stopwatch and timer tools.

Stopwatch

Precision at your fingertips.

- **Start / Pause:** Tap to begin, tap again to pause, simple.
- **Reset:** Clear the stopwatch with a single tap to start a new round.
- Great for workouts, time challenges, or anything you need to track to the second.

Timer

Count down without counting in your head.

- **Presets:** Choose from quick-start options like 1 minute, 5 minutes, and more.
- **Custom Timers:** Need something specific? Set any exact duration you want.

Ideal for HIIT training, focused work sessions, or perfectly boiled eggs.