Reebok Stride Smartphone Compatibility Requirements

Inas B. - 2026-11-04 - Connectivity

The Reebok Stride and Reebok Connect app require a compatible smartphone to pair, sync data, and use connected features.

Minimum Requirements

- **Android:** Version 9.0 or later
- **Apple iOS:** Version 15.6 or later
- **Bluetooth:** Your smartphone must support Bluetooth.

A Bluetooth connection is required for **pairing, syncing data, and routing cellular calls through the watch**.

Important: Make sure your smartphone meets the minimum operating system requirements before pairing your Reebok Stride.