# How to Set Up Notifications on Your Reebok Stride

Inas B. - 2026-11-03 - Connectivity

You can receive selected phone notifications directly on your Reebok Stride.

### Turn On Notifications

1. Make sure your watch is connected to your phone through Bluetooth.
2. Open the **Reebok Connect** app.
3. From the **Home** tab, select your watch.
4. Tap **Phone Notification Settings**.
5. If prompted, tap **Turn On Now** and allow the required permissions.
6. Turn on **Reebok Connect** in your phone's notification access settings.
7. Return to the app and select the notifications you want to receive on your watch.

### View and Clear Notifications

- Swipe **up from the watch face** to view saved notifications.
- The watch can store up to **10 notifications**.
- Tap the **delete icon** at the bottom of the notification list to clear them.