How to Make and Receive Calls on Your Reebok Stride

Inas B. - 2026-11-03 - Connectivity

The Reebok Stride can make and receive regular cellular calls through a Bluetooth connection to your phone.

Before You Start

- Make sure the watch is connected to your phone via Bluetooth.
- Your phone must be available for the watch to handle calls.

Using Calls

You can use the watch's built-in dialer to make and receive cellular calls.

You can also sync your preferred contacts through the **Reebok Connect** app for quick access.

During a call, adjust the call volume directly on the watch.

Important: The Reebok Stride does not support internet-based calls through third-party apps.