How to Customize the Display and Controls on Your Reebok Stride

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You can customize your watch face, Always On Display, brightness, and other display settings.

Change the Watch Face

1. Touch and hold the main watch screen.
2. Swipe through the available watch faces.
3. Tap the watch face you want to use.

Set Up Always On Display

You can choose between a **digital or analog clock** for Always On Display.

You can also schedule when Always On Display is active to help conserve battery life.

Adjust Display and Control Settings

Open the watch's settings to:

- Adjust screen brightness.
- Enable **Wake by Wrist Up**.
- Change the App List layout under **Theme**.