How to Clean and Care for Your Reebok Stride

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Regular cleaning helps keep your Reebok Stride comfortable and functioning properly.

Clean Your Watch

1. Rinse the watch and strap with clean water when needed.
2. Dry the watch completely with a soft, clean cloth.
3. After exercising, wipe sweat from your wrist and the watch.

Important:

- Do not use shampoo, soap, or other chemicals to clean the watch.
- Make sure the watch and charging contacts are completely dry before charging.

Keeping the sensor area clean and dry can also help maintain reliable tracking.