What is the Reebok Connect App?

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The **Reebok Connect app** is the companion application for your Reebok smartwatch. It brings together activity tracking, performance insights, and device management in one place, helping you get the most out of your smartwatch.

Key Features

- **Device Setup & Management**
  Pair your Reebok Watch in just a few steps, manage notifications, update software, and customize your watch face.

- **Health & Fitness Tracking**
  Monitor steps, heart rate, calories burned, and advanced metrics such as sleep, SpO_2, and VO_2 Max (on supported models).

- **Workout & Training Insights**
  Record workouts, track performance, and view progress over time with intuitive charts and reports.

- **Firmware & App Updates**
  Stay up to date with the latest improvements for your device through seamless app and firmware updates.

- **Tips & Support**

  Get access to a myriad of information, troubleshooting guides, and a direct way to contact our customer support team.

How to Get the App

1. **For Android**: Open the **Google Play Store** and search for **Reebok Connect**.
2. **For iOS**: Open the **App Store** and search for **Reebok Connect**.
3. Tap **Install** (Android) or **Get** (iOS).
4. Once installed, open the app and follow the on-screen instructions to pair your Reebok Pulse.

Minimum Requirements

- **Android**: Android 10.0 or later, Bluetooth 5.0+
- **iOS**: iPhone 8 or later, iOS 15 or later
- **Connectivity**: Bluetooth and Wi-Fi enabled

Tips

- Keep your phone’s operating system and the Reebok Connect app updated for the best performance.
- Allow Bluetooth and location permissions for smooth pairing and accurate activity tracking.
- Sign in with your Reebok account to sync workouts, backup data, and access personalized insights.