How Do I Customize My Workout Data Screens on My Reebok Kinetic?

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During a workout, your Reebok Kinetic displays activity information across data pages. You can customize these pages to show the metrics you want to monitor.

You can configure up to **six data pages**, with up to **five fields on each page**.

To customize your workout screens:

1. Open **Training** from the App List.
2. Select the activity you want to configure.
3. Open the activity settings from the pre-workout screen.
4. Find the data page configuration options.
5. Choose the pages and metrics you want to display.

Depending on the activity and available metrics, fields may include:

- Workout time
- Distance
- Pace
- Speed
- Heart rate
- Cadence
- Elevation
- Compass

Available metrics may vary depending on the activity selected.

During your workout, swipe up or down to move between your configured data pages.